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## SELF-ASSESSMENT GUIDE

Full Qualification	<b>BEAUTY CARE (SKIN CARE) SERVICES NC II</b>			
Units of Competency Covered	<ul style="list-style-type: none"> <li>• Perform facial cleansing</li> <li>• Perform temporary hair removal activity</li> <li>• Perform body scrub</li> </ul>			
<b>Instruction:</b>				
<ul style="list-style-type: none"> <li>• Read each question and check the appropriate column to indicate your answer.</li> </ul>				
<b>Can I?</b>			<b>YES</b>	<b>NO</b>
<b>PERFORM FACIAL CLEANSING</b>				
• Assess client's medical history, skin types and conditions in accordance with standard procedures *				
• Advise client based on the result of evaluation *				
• Prepare tools and equipment to be used for facial cleansing in accordance to manufacturer's manual and/or clinic spa's policies and procedures				
• Prepare and check supplies, materials and facial cleansing products to be used in accordance with skin type, skin condition and FDA notification				
• Prepare and secure work station for facial cleansing activity				
• Prepare client for facial cleansing procedure				
• Perform facial cleansing in accordance with established facial cleansing procedure and/or DOH, OSH policies or guidelines *				
• Check for desired result in accordance to standard outcome				
• Refer or perform appropriate first-aid treatment, if necessary				
• Advise client on appropriate aftercare regimen, facial maintenance, follow-up schedules and possible post procedure reactions				
• Fill up or update client's records or forms				
• Clean and/or sanitize work station, used tools, materials and equipment				
• Practice proper wastes disposal according to environmental standards				
<b>PERFORM TEMPORARY HAIR REMOVAL ACTIVITY</b>				
• Assess client's medical history, skin types and skin condition following standard/industry procedures *				
• Advise client based on the result of evaluation *				
• Prepare client for temporary hair removal activity				
• Determine when to conduct skin test				
• Prepare and check tools and equipment to be used for hair removal in accordance to manufacturer's manual and/or clinic spa's policies and procedures				

• Prepare and check supplies, materials and hair removal products to be used in accordance with established procedure FDA notification		
• Prepare and secure work station for hair removal activity		
• Perform hair removal in accordance with established hair removal procedures and/or DOH, OSH policies or guidelines *		
• Check for desired result in accordance to standard outcome		
• Refer or perform appropriate first-aid treatment, if necessary		
• Advise client on skin care regimen, follow-up schedules and possible post procedure reactions		
• Fill up or update client's records or forms		
• Clean and/or sanitize work station, used tools, materials and equipment		
• Practice proper wastes disposal according to environmental standards		
<b>PERFORM BODY SCRUB</b>		
• Assess client's medical history, skin types and skin condition following standard/industry procedures *		
• Advise client based on the result of evaluation *		
• Prepare client for body scrub treatment		
• Prepare and check tools and equipment to be used for body scrub treatment in accordance to manufacturer's manual and/or clinic spa's policies and procedures		
• Prepare and check supplies, materials and scrubbing product ingredients to be used in accordance with product specification and FDA notification		
• Prepare and secure work station for body scrub activity		
• Use scrubbing product ingredients in accordance with product specification and FDA notification		
• Perform body scrub in accordance with established body scrub procedures and/or DOH, OSH policies or guidelines *		
• Check for desired result in accordance to standard outcome		
• Refer or perform appropriate first-aid treatment, if necessary		
• Advise client on appropriate aftercare regimen, follow-up schedules and possible post procedure reactions		
• Fill up or update client's records or forms		
• Clean and sanitize work station, used tools, materials and equipment		
• Practice proper wastes disposal according to environmental standards.		
I agree to undertake assessment with the knowledge that information gathered will only be used for professional development purposes and can only be accessed by concerned assessment personnel and my manager/supervisor.		
<b>Candidate's Name and Signature</b>		<b>Date</b>

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**SELF-ASSESSMENT GUIDE**

Qualification	<b>BEAUTY CARE (SKIN CARE) SERVICES NC II</b>		
Certificate of Competency (COC 1)	<b>Perform Facial Cleansing</b>		
<b>Instruction:</b>			
<ul style="list-style-type: none"> <li>Read each question and check the appropriate column to indicate your answer.</li> </ul>			
<b>Can I?</b>	<b>YES</b>	<b>NO</b>	
<ul style="list-style-type: none"> <li>Assess client’s medical history, skin types and conditions in accordance with standard procedures *</li> </ul>			
<ul style="list-style-type: none"> <li>Advise client based on the result of evaluation *</li> </ul>			
<ul style="list-style-type: none"> <li>Prepare tools and equipment to be used for facial cleansing in accordance to manufacturer’s manual and/or clinic spa’s policies and procedures</li> </ul>			
<ul style="list-style-type: none"> <li>Prepare and check supplies, materials and facial cleansing products to be used in accordance with skin type, skin condition and FDA notification</li> </ul>			
<ul style="list-style-type: none"> <li>Prepare and secure work station for facial cleansing activity</li> </ul>			
<ul style="list-style-type: none"> <li>Prepare client for facial cleansing procedure</li> </ul>			
<ul style="list-style-type: none"> <li>Perform facial cleansing in accordance with established facial cleansing procedure and/or DOH, OSH policies or guidelines *</li> </ul>			
<ul style="list-style-type: none"> <li>Check for desired result in accordance to standard outcome</li> </ul>			
<ul style="list-style-type: none"> <li>Refer or perform appropriate first-aid treatment, if necessary</li> </ul>			
<ul style="list-style-type: none"> <li>Advise client on appropriate aftercare regimen, facial maintenance, follow-up schedules and possible post procedure reactions</li> </ul>			
<ul style="list-style-type: none"> <li>Fill up or update client’s records or forms</li> </ul>			
<ul style="list-style-type: none"> <li>Clean and/or sanitize work station, used tools, materials and equipment</li> </ul>			
<ul style="list-style-type: none"> <li>Practice proper wastes disposal according to environmental standards</li> </ul>			
I agree to undertake assessment with the knowledge that information gathered will only be used for professional development purposes and can only be accessed by concerned assessment personnel and my manager/supervisor.			
<b>Candidate’s Name and Signature</b>		<b>Date</b>	

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### SELF-ASSESSMENT GUIDE

Qualification	<b>BEAUTY CARE (SKIN CARE) SERVICES NC II</b>		
Certificate of Competency (COC 2)	<b>Perform Temporary Hair Removal Activity</b>		
<b>Instruction:</b>			
<ul style="list-style-type: none"> <li>Read each question and check the appropriate column to indicate your answer.</li> </ul>			
<b>Can I?</b>	<b>YES</b>	<b>NO</b>	
<ul style="list-style-type: none"> <li>Assess client's medical history, skin types and skin condition following standard/industry procedures *</li> </ul>			
<ul style="list-style-type: none"> <li>Advise client based on the result of evaluation *</li> </ul>			
<ul style="list-style-type: none"> <li>Prepare client for temporary hair removal activity</li> </ul>			
<ul style="list-style-type: none"> <li>Determine when to conduct skin test</li> </ul>			
<ul style="list-style-type: none"> <li>Prepare and check tools and equipment to be used for hair removal in accordance to manufacturer's manual and/or clinic spa's policies and procedures</li> </ul>			
<ul style="list-style-type: none"> <li>Prepare and check supplies, materials and hair removal products to be used in accordance with established procedure FDA notification</li> </ul>			
<ul style="list-style-type: none"> <li>Prepare and secure work station for hair removal activity</li> </ul>			
<ul style="list-style-type: none"> <li>Perform hair removal in accordance with established hair removal procedures and/or DOH, OSH policies or guidelines *</li> </ul>			
<ul style="list-style-type: none"> <li>Check for desired result in accordance to standard outcome</li> </ul>			
<ul style="list-style-type: none"> <li>Refer or perform appropriate first-aid treatment, if necessary</li> </ul>			
<ul style="list-style-type: none"> <li>Advise client on skin care regimen, follow-up schedules and possible post procedure reactions</li> </ul>			
<ul style="list-style-type: none"> <li>Fill up or update client's records or forms</li> </ul>			
<ul style="list-style-type: none"> <li>Clean and/or sanitize work station, used tools, materials and equipment</li> </ul>			
<ul style="list-style-type: none"> <li>Practice proper wastes disposal according to environmental standards</li> </ul>			
I agree to undertake assessment with the knowledge that information gathered will only be used for professional development purposes and can only be accessed by concerned assessment personnel and my manager/supervisor.			
<b>Candidate's Name and Signature</b>		<b>Date</b>	

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**SELF-ASSESSMENT GUIDE**

Qualification	<b>BEAUTY CARE (SKIN CARE) SERVICES NC II</b>		
Certificate of Competency (COC 3)	<b>Perform Body Scrub</b>		
<b>Instruction:</b>			
<ul style="list-style-type: none"> <li>Read each question and check the appropriate column to indicate your answer.</li> </ul>			
<b>Can I?</b>	<b>YES</b>	<b>NO</b>	
<ul style="list-style-type: none"> <li>Assess client’s medical history, skin types and skin condition following standard/industry procedures *</li> </ul>			
<ul style="list-style-type: none"> <li>Advise client based on the result of evaluation *</li> </ul>			
<ul style="list-style-type: none"> <li>Prepare client for body scrub treatment</li> </ul>			
<ul style="list-style-type: none"> <li>Prepare and check tools and equipment to be used for body scrub treatment in accordance to manufacturer’s manual and/or clinic spa’s policies and procedures</li> </ul>			
<ul style="list-style-type: none"> <li>Prepare and check supplies, materials and scrubbing product ingredients to be used in accordance with product specification and FDA notification</li> </ul>			
<ul style="list-style-type: none"> <li>Prepare and secure work station for body scrub activity</li> </ul>			
<ul style="list-style-type: none"> <li>Use scrubbing product ingredients in accordance with product specification and FDA notification</li> </ul>			
<ul style="list-style-type: none"> <li>Perform body scrub in accordance with established body scrub procedures and/or DOH, OSH policies or guidelines *</li> </ul>			
<ul style="list-style-type: none"> <li>Check for desired result in accordance to standard outcome</li> </ul>			
<ul style="list-style-type: none"> <li>Refer or perform appropriate first-aid treatment, if necessary</li> </ul>			
<ul style="list-style-type: none"> <li>Advise client on appropriate aftercare regimen, follow-up schedules and possible post procedure reactions</li> </ul>			
<ul style="list-style-type: none"> <li>Fill up or update client’s records or forms</li> </ul>			
<ul style="list-style-type: none"> <li>Clean and sanitize work station, used tools, materials and equipment</li> </ul>			
<ul style="list-style-type: none"> <li>Practice proper wastes disposal according to environmental standards.</li> </ul>			
I agree to undertake assessment with the knowledge that information gathered will only be used for professional development purposes and can only be accessed by concerned assessment personnel and my manager/supervisor.			
<b>Candidate’s Name and Signature</b>			<b>Date</b>